

Orcas Christian School Homepage

Thursday

**September
24, 2009**

Hot Lunch

9/30

Burgers & Fries

Coleslaw

Salad/Veggies

Fresh Fruit

Drink



**Happy Birthday To
You.....!!**



Student Sierra Frank showing her Handmade Journals from "Creative Expressions" class taught by Lis

**"Nothing in all creation will ever be able to separate us from
God that is revealed in Christ Jesus our Lord."**

Romans 8:39

Mark Your Calendar:

TONIGHT, Back To School Night

MON, 9/28, Parents In Prayer

TUE, 9/29, K-8 Island Boat Trip to Patos Island

THUR, Oct 1, Flag Football @ Home

September Birthdays

- Cole Smith 9/5
- Luke Bronn 9/5
- Elijah Everett 9/5
- Marissa Veldman 9/6
- Moriah Claus 9/11
- Josh Veldman 9/13
- Joshua Bronn 9/14
- Maggie Thomas 9/16
- Lucien Anderson 9/19
- Alexis Pence 9/20
- Grant Slavens 9/25
- Effie Johnson 9/28

THUR, 10/29, Joseph and The Amazing Technicolor Dream

**BACK TO SCHOOL NIGHT
TONIGHT**

Don't forget to come to meet with your student's teachers tonight at Back To OCS School Calendars will be handed out tonight as well. If you cannot make it stop by the office to pick up your calendar, it is full of helpful dates and an all-school convenience. Thanks!

ISLAND BOAT TRIP

Next week students in grades K-8 will be going to Patos Island. We are hoping to September 29, but the trip is weather/ocean condition dependent. If Tuesday do will try Wednesday, then Thursday, and then Friday. At this point, plan on Tu notify you if that changes.

The morning that we go to Patos please take your child to the "ditch" (it's b 8:30 a.m., and we will load the boats from there. Each student will need a heart bottle, a warm jacket, and shoes to hike the loop around the island. We will be ditch by 3:15 p.m. where you can pick up your child.

Parents In Prayer

Please Note The Location Change

~ You're INVITED to participate ~

No experience necessary, just a willing heart to pray.
Parents in Prayer, Monday Mornings, 8:35 am, in the *OCS ART ROOM* in the
Building.
Any Questions, call Kathy Vandenberg 376-2096

PS: FOR THOSE OF YOU WHO ARE NEW- This is our 8th year of Parent
follows the format of the internationally recognized organization of "Mom's in
to include our men folk, so thus it became "Parents" in prayer. We do this Ea
MONDAY morning. Usually meeting in the chapel. All are welcome to come
island/school youth. Usually it's about 30-45 minutes. I Praise God for all th
Prayers over the years & for His willing servants.

Blessings, Kathy Vandenberg, 376-2096

BOOK ORDERS

For those of you ordering books from the book
orders are due back to school by Tuesday, Septer
Remember you can order from all the different ori
add up the total from all the forms and just write
check payable to Orcas Christian School.

AUCTION NEWS

A gigantic thank you to all of you who made the first O success. Thank you for coming, selling tickets, donating items, appetizers and desserts. We raised over \$10,000. If you still have money out, please bring them back to the school and turn them in to Thank you, Sean Roach, for heading up this endeavor.

Flag Football

Come support our Flag Football players on Thursday when they play Skagit Adventist at Home!

COMMUNITY ANNOUNCEMENTS

HELP WANTED:

Orcas Island Community Church is looking to employ part-time childcare workers.

Workers are needed from 9-noon each Tuesday morning and other Thursday night from 6:30-8:30pm. If you are interested in this position, please contact Scott Harris at OICC, 376-6422 or 3

H1N1 Update:

Thank you for helping out in our fight against the s the Flu at OCS. It has helped a lot to have sick chi home. Although we hate to have kids miss, we are that this precaution will reduce the number of da students will miss as well as the number of kids in

Know the Difference between Cold and Flu Symptom

Symptom	Cold	Flu
Fever	Fever is rare with a cold, less than 102°F.	Fever is usually present with flu (up to 80% of cases) with a temperature over 100.4°F, higher for 3 to 4 days is associated with the flu.
Coughing	A hacking, productive (mucus-producing) cough is often present with a cold.	A non-productive (non-producing) cough is usually present with the flu (so referred to as dry cough).
Aches	Slight body aches and pains can be part of a cold.	Severe aches and pains are common with the flu.
Stuffy Nose	Stuffy nose is commonly present with a cold and typically resolves spontaneously within a week.	Stuffy nose is not commonly present with the flu.
Chills	Chills are uncommon with a cold.	60% of people who have the flu experience chills.
Tiredness	Tiredness is fairly mild with a cold.	Tiredness is moderate to severe with the flu and can last several weeks after other symptoms have gone away.
Sneezing	Sneezing is commonly present with a cold.	Sneezing is not commonly present with the flu.

	present with a cold.	flu.
Sudden Symptoms	Cold symptoms tend to develop over a few days.	The flu has a rapid onset within 6 hours. The flu hits hard and includes sudden symptoms such as high fever, aches and pains.
Headache	A headache is fairly uncommon with a cold.	A headache is very common with the flu, present in 80% of cases.
Sore Throat	Sore throat is commonly present with a cold.	Sore throat is not commonly present with the flu.
Chest Discomfort	Chest discomfort is mild to moderate with a cold.	Chest discomfort is often more severe with the flu.

Parents in Prayer

Freedom in Jesus

September 21, 2009

Praise & Worship: John 8:31 & 32 “Then Jesus said to those Jews who believed in Him, “If you abide in My word, you are My disciples indeed. And you shall abide in the truth & the truth shall make you free.”

1. Our 10th anniversary as a school
2. First annual Auction
3. Drivers for flag football & safe return from Milo Oregon
4. HS field trip to the fair

Confession: James 1:17 & 18 “Every good gift & every perfect (free, la

is from above; it comes down from the Father of all light, in whom there variation or shadow cast by His turning. & it was His own (*free*) will the birth (*as sons*) by (*His*) Word of Truth, so that we should be a kind of fir His creatures (*a sample of what He created to be consecrated to Himse*

Prayers:

1. Flag football events over the rest of the month
2. Sept. 24 back to school night
3. picture day
4. Next week's boat trip- safety, weather
5. Families in need of healing, Understanding of Salvation, & God's in Elliot & Jordan Griffith for continued diagnosis & healing; God's pro hurting families- finances, emotions, & unity
6. Our Nation & its leaders
7. Clothing bank- volunteers, donations, needs met, Mission trip garag following week
8. students adjusting

Teachers/Staff: Drew & Kathy Vandenberg 1Peter 2:15 & 16 "For this is God, that by doing good you may put to silence the ignorance of fools free, yet not using your liberty as a cloak for vice, but as servants of Go

Student Verse: John 8:34-36 "Jesus answered them, "Most assuredly, _____,

Whoever commits sin is a slave of sin. And a slave does not abide in th forever, but a son abides forever. Therefore if the Son makes you free, free indeed."

Publication Information:

Published By: Orcas Christian School
107 Enchanted Forest Road
Eastsound, WA 98245

Editor: Sandi Harris

Contributions: Tom Roosma, Kathy Roosma, Roger Worley, Ron Claus, Sally C
Drew Vandenberg, Mike Parnell, Dawn Parnell, Anna Vedder, David May, Sh
Slavens, Carmen Slavens, Jonathan Fox, Rachel Fox

Publication: Fridays when school is in session.

Established: 1998

